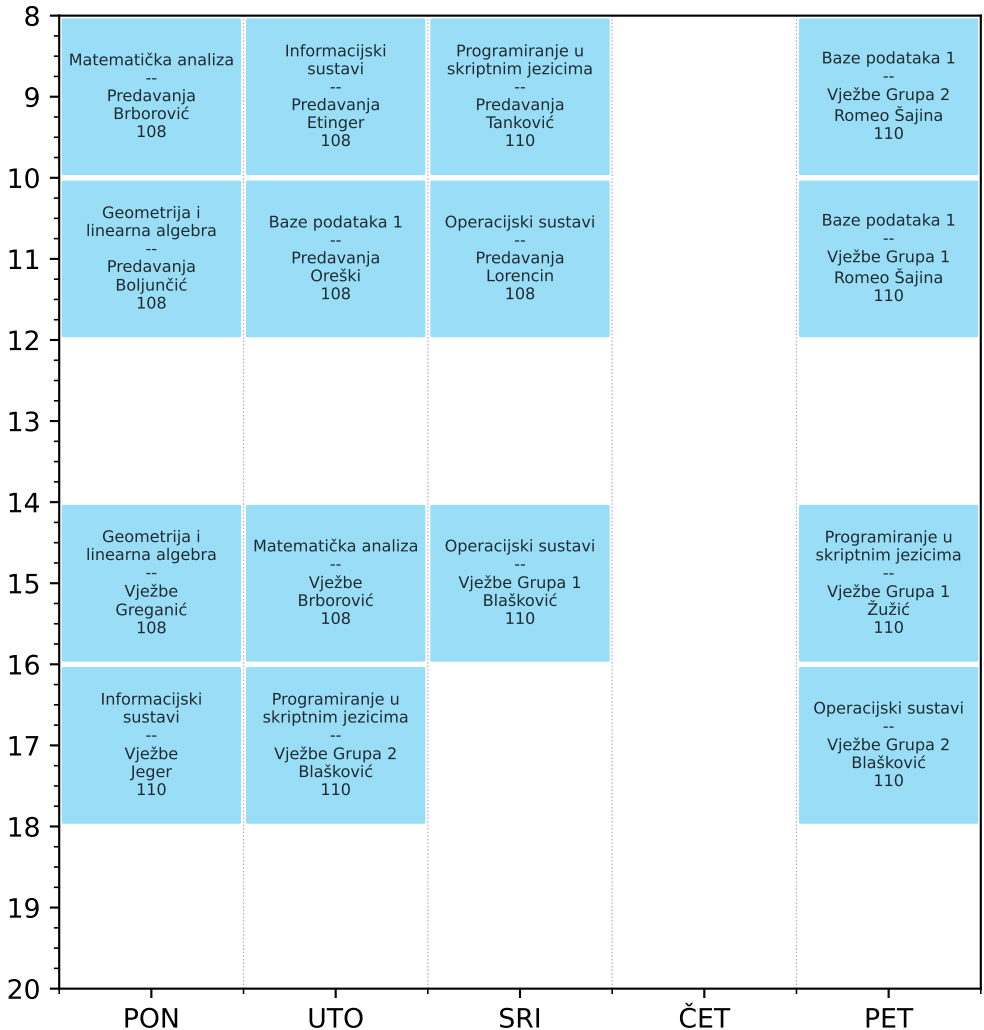Prijediplomski, 1. godina